

E-SATSANG with Swami Ishwarananda – 2006B

E-SATSANG WITH SWAMI ISHWARANANDA Oct 19th, 2006

Tamas is darkness, Rajas is projection. In the darkness of the mind, the rajas projects the fanciful world. Until the veil of ignorance (tamas) is lifted by opening (sattva) the windows and doors of the hall (mind), the projection (rajas) will continue to enchant us. Sattva does not destroy Rajas, it weakens the projection by lifting the Tamas. Till the body exists, the projection will continue – if you have brought in the light, you do not see the projection any more!

Let us bring the light (of knowledge / Sattva) into our life. Deepa-aavali symbolically represents the row of lights that can lift the tamas (narakasura) from our life! Happy Diwali to you!

===== ==quote

If you have a spare wheel called determination, an engine called perseverance, Insurance called faith, a driver called GOD...You will make it to a place called SUCCESS.

===== ==Humor

A man boarded the train in Delhi . When the conductor came and asked for the man's ticket, the man, in a huffy manner said,"I'm going to the place where Lord Krishna's lived , I don't need a ticket." The conductor calmly pulled out a set of hand cuffs and cuffed the man. Astonished, the passenger shouted, "How dare you, what are you doing?" The conductor simply said, I'm taking you to Lord Krishna's birthplace."

with Prem & Om
Ishwarananda

E-SATSANG WITH SWAMI ISHWARANANDA Oct 4th, 2006

Body's destiny is Death; it has no freewill
Mind's destiny is Change; freewill is its own Death!
Soul's destiny is Rebirth; freewill is to Realize!
Self has neither destiny nor freewill
Matter has destiny not the Sprit!

===== ==quote

Even if you are on the right track, you will get run over if you just sit there - Will Rogers

===== ==Humor

Interviewer: "I shall either ask you 10 easy questions or one really difficult question"

Candidate: "My choice is one really difficult question"

"What comes first, Day or Night?"

"Day"

"How?"

"Sorry sir, you promised me that you will not ask me a Second difficult question!"

He was selected!

=====

with Prem & Om
Ishwaranand

E-SATSANG WITH SWAMI ISHWARANANDA Sep19th, 2006

E-SATSANG with Swami Ishwarananda – 2006B

Look before you leap
Test before you compete
Rest before you run
Greet before you meet
Taste before you eat
Purify before you drink
Verify before you speak
Sanctify before you pray
Clarify before you argue...and
Complete before you quit!
(inspired by a Sanskrit Shubashita)

=====
Leaders are men of action, not position!

=====
"Cash, check or charge?" shopkeeper asked, after folding items, the woman wished to purchase. As she fumbled for her wallet, he noticed a remote for a television set in her purse.

"So, do you always carry your TV remote?" he asked. "No," she replied, "but my husband refused to come shopping with me and I figured this was the most evil thing I could do to him legally!"

with Prem & Om
Ishwarananda

E-SATSANG WITH SWAM ISHWARANANDA Aug 16th, 2006

Krishna is not just a historical figure. He is history Himself. Gurudev once remarked: "This creation is His-Story!"

Every one of us is a character which He has meticulously carved, to fit into situations He has envisioned. He would change the storyline any time.
If you do not live up to what He wants, you are forgiven - not punished!

If you fit in, you are not praised - but blessed
If you praise Him, He would not be flattered – you are graced
If you ridicule Him, He would not react – you are given more chances to know Him
If you accept His story – you are given chances to write for Him!

=====
"Always look at what you have left. Never look at what you have lost."
- Robert H. Schuller

=====
The children were lined up in the cafeteria of a Catholic elementary school for lunch. At the head of the table was a large pile of apples. The nun made a note, and posted on the apple tray: "Take only ONE. God is watching."
Moving further along the lunch line, at the other end of the table was a large pile of chocolate chip cookies. A child had written a note, "Take all you want. God is watching the apples."

=====

E-SATSANG with Swami Ishwarananda – 2006B

with Prem & Om
Ishwarananda

E-SATSANG WITH SWAMI ISHWARANANDA – Aug 4th, 2006

Some beautiful thoughts on 'Intuition' from Guruji: 'Be aware of the 3 aspects of our mind: 1. be aware of what is in your mind which you know and also others know. 2. be watchful about what goes on in your mind which others do not know. 3. accept the observations of what other know about you which you do not know. When these are taken care your mind will shed the light on the fourth: what you as well as others do not know. This is intuition. It comes just as a flash – a second thought about it is not really desirable!'

===== quote

The mark of a good book is – it changes every time you read it –
Anderson Cooper

===== Humor

More bad news for pessimists. According to a new Dutch study, optimists
live longer!

=====

E-SATSANG WITH SWAMI ISHWARANANDA

On Gurudev's Mahasamadhi day (Aug 3), Guruji reflected on this:
'Vedanta, Guru and God – these you worship till the end of your life.
In the beginning, for knowledge and later, to avoid ingratitude!'
Vedanta provides knowledge, Guru reveals it and God connects you with
Guru and Vedanta. What is the difference between a saint and a Guru?
Saint is for all and Guru is for you. Unless a saint accepts you as his
disciple, he cannot be your Guru. Disciple is he who follows the
discipline set by the Guru.

===== quote

"Sometimes your joy is the source of your smile, but sometimes your
smile can be the source of your joy." - Thich Nhat Hahn

===== Humor

Opportunist is he who takes bath when he accidentally falls into a
river!

===== =

with Prem & Om
Ishwarananda

E-SATSANG WITH SWAMI ISHWARANANDA – July 25th, 2006

In Ramayan, symbolically Vali represents 'worldliness'
and Sugreeva is 'Jiva.' Hanuman is the spiritual guide
who would only reluctantly serve Sugreeva. Sugreeva is
afraid of Vali and needs constant protection from
Hanuman. Hanuman's real love is only for Ram (wisdom).
Sugreeva cannot kill Vali without the help of Ram. Ram
has no animosity with Vali. Sugreeva and Vali look
alike and it is difficult even for Ram to distinguish
them. Yet, when Ram provided Sugreeva with his garland
(humility), Vali could be identified and killed!
Hanuman acted as a powerful catalyst in the situation.

E-SATSANG with Swami Ishwarananda – 2006B

===== quote
Many of our fears are tissue-paper- thin, and a single
courageous step would carry us clear through them. --
Brendan Francis

=====Humor
"DO YOU BELIEVE IN LIFE AFTER DEATH?" THE BOSS ASKED
ONE OF HIS EMPLOYEES.
"YES, SIR," THE NEW EMPLOYEE REPLIED.
"WELL, THEN, THAT MAKES EVERYTHING JUST FINE,"THE BOSS
WENT ON. "AFTER YOU LEFT EARLY YESTERDAY TO GO TO YOUR
GRANDMOTHER' S FUNERAL,SHE STOPPED IN TO SEE YOU.
=====

with Prem & Om
Ishwarananda

E-SATSANG WITH SWAMI ISHWARANANDA – July 5th, 2006

If my first love is for the Self
my first relative is God
my first friend is mind
my first salutation is to Guru
my first appointment is meditation
my first word is a prayer
my first reaction to insult is silence
my first gratitude is to parents
my first value is faith
my first success is peace!

=====Quote
I slept and dreamt that life was joy
I awoke and saw that life was service
I acted and... behold, service was joy
– Rabindranath Tagore

=====Humor
Wife : Do you want dinner?
Husband : Sure, what are my choices?
Wife : Yes and no.
=====

with Prem & Om
Ishwarananda

JULY 8 - 10.30am: UNVEILING OF HANUMAN MURTI in MITHILA by H.H.SWAMI
TEJOMAYANANDA

<http://www.chinmaya la.org/event- flyers/hanuman. pdf>

DHARMA-KSHETRA - Chinmaya Charity Golf Tournament-Oct 14

<http://www.chinmaya la.org/golf>

E-SATSANG WITH SWAMI ISHWARANANDA – June 19th, 2006

Habit is unconscious repetition of thoughts and
actions out of memory. Practice is conscious
repetition of thoughts and actions out of memory with
an intention to grow and evolve. In Sanskrit, habit is

E-SATSANG with Swami Ishwarananda – 2006B

'svabhava' or 'nitya-pravritti' which means – unconscious act which is performed out of impulse or due to force of the past. For the word 'practice' the equivalent in Sanskrit is 'abhyasa' which means – giving additional importance (and skill) to an ordinary act!

Do not engage in puja, japa or in any ritual as a habit! In spiritual parlance, a practice must necessarily lead to dispassion. If not, it is just another mental pre-occupation.

=====quote

The truth is found when men are free to pursue it. – Franklin D. Roosevelt

=====Humor

Doctor: "Your cough seems to have improved!"

Patient: "Yes, I have been practicing whole night!"

=====

with Prem & Om
Ishwarananda

E-SATSANG WITH SWAMI ISHWARANANDA – June 5th, 2006

'What is the difference between Jiva and Shiva (ishwara)?

Jiva has limited power and Shiva has unlimited power (shakti). Power comes along with responsibility. Greater the power, more are the responsibilities. Shiva is responsible for all Jiva-s of the world. Jiva is not.

As a Jiva starts its journey toward Shiva, powers as well as responsibilities increase.

Powers without responsibilities is dangerous to Jiva's spiritual progress.

Responsibilities without powers will be burden (samsar) to Jiva.

Look at 'what you do' and think about 'what you CAN do.' Filling the gap is the spiritual journey -sadhana.

Therefore we say in CM pledge: 'We know our responsibilities; give us the ability and courage to fulfill them!'

=====Quote

It is not the Truth that makes man great, but man who makes the Truth great! – Confucius

=====Humor

One time a warden asked a man on death row what he would like to eat for his last meal.

"I would like to have a huge piece of watermelon."

"You must be kidding? This is December. Watermelons have not been planted, let alone harvested."

"That's okay, I don't mind waiting!"

=====

E-SATSANG with Swami Ishwarananda – 2006B

with Prem & Om
Ishwarananda
